

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M MEDLEY MEN 11+							Heat:1, starttime: 08:30	
Heat: 1/11 Lane : 1 Athlete: VERMEIR CAENE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:2, starttime: 08:35	
Heat: 2/11 Lane : 1 Athlete: VAN HOUCKE XANDER							Q-time: 03:23:96	
PB (25m pool): 03:23.96 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:49.77		no time		no time		03:23.96
	00:49.77							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:5, starttime: 08:45	
Heat: 5/11 Lane : 4 Athlete: BLOMMAERTS MATHIS							Q-time: 02:54:32	
PB (25m pool): 02:54.32 Dilbeek 27/09/2026			PB (50m pool): no time SB: 02:54.32 Dilbeek 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.20		no time		no time		02:54.32
	00:35.20							
								

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 1: 200M MEDLEY MEN 11+							Heat:7, starttime: 08:50	
Heat: 7/11 Lane : 3 Athlete: BOMBAERT LOUIS							Q-time: 02:39:94	
PB (25m pool): 02:35.50 Leuven 04/10/2026				PB (50m pool): 03:00.17 SB: 02:35.50 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.77		01:13.28		01:57.81		02:35.50
	00:31.77		00:41.51		00:44.53		00:37.69	
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:8, starttime: 08:55	
Heat: 8/11 Lane : 3 Athlete: VAN HOUCKE QUINTEN							Q-time: 02:38:16	
PB (25m pool): 02:38.16 Zwembad De Motte 14/07/2026				PB (50m pool): 03:25.12 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.97		no time		no time		02:38.16
	00:33.97							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:9, starttime: 09:00	
Heat: 9/11 Lane : 5 Athlete: TURF SANDER							Q-time: 02:37:00	
PB (25m pool): 02:37.00 LEUVEN 23/11/2025				PB (50m pool): 02:43.84SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.77		01:14.55		02:00.71		02:37.00
	00:31.77		00:42.78		00:46.16		00:36.29	
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:10, starttime: 09:00	
Heat: 10/11 Lane : 1 Athlete: VOLCKAERT THOMAS							Q-time: 02:31:33	
PB (25m pool): 02:31.61 LEUVEN 22/02/2026				PB (50m pool): 02:31.33SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.38		no time		no time		02:31.61
	00:31.38							
								

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 1: 200M MEDLEY MEN 11+							Heat:10, starttime: 09:00	
Heat: 10/11 Lane : 4 Athlete: DE PEYPER MATS							Q-time: 02:24:75	
PB (25m pool): 02:24.75 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 02:31.90SB: 02:25.48 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.76		no time		no time		02:24.75
	00:30.76							
								

Coach feedback:

Event number: 1: 200M MEDLEY MEN 11+							Heat:11, starttime: 09:05	
Heat: 11/11 Lane : 2 Athlete: VOLCKAERT MATTHIAS							Q-time: 02:13:40	
PB (25m pool): 02:13.40 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 02:18.40SB: 02:14.44 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:28.31		no time		no time		02:13.40
	00:28.31							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 09:20	
Heat: 1/8 Lane : 4 Athlete: MUYLEAERT YINSE							Q-time: 03:24:97	
PB (25m pool): 03:24.97 LEUVEN 22/02/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.89		no time		no time		03:24.97
	00:48.89							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:25	
Heat: 2/8 Lane : 1 Athlete: MUYLEAERT YAELE							Q-time: 03:15:90	
PB (25m pool): 03:15.90 Leuven. 23/02/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.50		no time		no time		03:15.90
	00:41.50							
								

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:25	
Heat: 2/8 Lane : 2 Athlete: VAN DER VEKEN LARA							Q-time: 03:13:17	
PB (25m pool): 03:13.17 Dilbeek 10/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.00		no time		no time		03:13.17
	00:45.00							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:2, starttime: 09:25	
Heat: 2/8 Lane : 5 Athlete: VAN DER POORTEN ELIEN							Q-time: 03:13:27	
PB (25m pool): 03:13.27 Tervuren 30/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.82		01:33.94		02:29.76		03:13.27
	00:42.82		00:51.12		00:55.82		00:43.51	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:4, starttime: 09:30	
Heat: 4/8 Lane : 1 Athlete: DE BRUYN JADE							Q-time: 02:57:50	
PB (25m pool): 02:57.50 Dilbeek 27/09/2026				PB (50m pool): no time SB: 02:57.50 Dilbeek 27/09/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.82		no time		no time		02:57.50
	00:39.82							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 09:35	
Heat: 5/8 Lane : 1 Athlete: BOMBAERT MILLA							Q-time: 02:50:84	
PB (25m pool): 02:50.84 Zwembad De Motte 14/07/2026				PB (50m pool): 03:05.62 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.02		no time		no time		02:50.84
	00:35.02							
								

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:5, starttime: 09:35	
Heat: 5/8 Lane : 5 Athlete: BIESEMANS JANA							Q-time: 02:49:78	
PB (25m pool): 02:49.78 Tervuren 30/05/2026				PB (50m pool): 02:57.11SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.48		01:22.75		02:11.47		02:49.78
	00:41.48		00:41.27		00:48.72		00:38.31	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:6, starttime: 09:40	
Heat: 6/8 Lane : 2 Athlete: MATTHIJS XANTHE							Q-time: 02:45:11	
PB (25m pool): 02:45.11 Meise 22/06/2025				PB (50m pool): 02:49.59SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.37		no time		no time		02:45.11
	00:35.37							
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:7, starttime: 09:40	
Heat: 7/8 Lane : 5 Athlete: DEROOST BEAU							Q-time: 02:39:11	
PB (25m pool): 02:39.11 Tervuren 30/05/2026				PB (50m pool): 02:44.31SB: 02:39.27 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:34.52		01:15.77		02:01.77		02:39.11
	00:34.52		00:41.25		00:46.00		00:37.34	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:8, starttime: 09:45	
Heat: 8/8 Lane : 2 Athlete: DE BACKER BIRGIT							Q-time: 02:30:10	
PB (25m pool): 02:30.10 Kapelle-op-den-Bos 19/04/2026				PB (50m pool): 02:34.93SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.28		no time		no time		02:30.10
	00:32.28							
								

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:8, starttime: 09:45	
Heat: 8/8 Lane : 4 Athlete: LANDRIEU NORA							Q-time: 02:29:42	
PB (25m pool): 02:28.50 Leuven 04/10/2026				PB (50m pool): 02:33.56SB: 02:28.50 Leuven 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:32.24		01:09.89		01:53.82		02:28.50
	00:32.24		00:37.65		00:43.93		00:34.68	
								

Coach feedback:

Event number: 4: 50M BACKSTROKE MIXED 10-9							Heat:1, starttime: 09:50		
Heat: 1/2 Lane : 4 Athlete: LUBOWICKI ADA							Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time				SB: no time	
	2 5 M		5 0 M						
PB			no time						
	no time								
									

Coach feedback:

Event number: 5: 50M BREASTSTROKE MEN 11+										Heat:1, starttime: 09:50	
Heat: 1/5 Lane : 2 Athlete: TODERICA ANDREI										Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time						
	2 5 M		5 0 M								
PB			no time								
			no time								
											

Coach feedback:

Event number: 5: 50M BREASTSTROKE MEN 11+										Heat:5, starttime: 09:55	
Heat: 5/5 Lane : 4 Athlete: VERROKEN GERBEN										Q-time: 00:31:61	
PB (25m pool): 00:30.99 Leuven 04/10/2026					PB (50m pool): 00:32.07 SB: 00:30.99 Leuven 04/10/2026						
	2 5 M		5 0 M								
PB			00:30.99								
			00:30.99								
											

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:1, starttime: 10:15
Heat: 1/6 Lane : 4 Athlete: MUYLEAERT YINSE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:2, starttime: 10:15
Heat: 2/6 Lane : 1 Athlete: VAN DER POORTEN ELIEN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:3, starttime: 10:15
Heat: 3/6 Lane : 1 Athlete: DE BRUYN JADE			Q-time: 00:49:40
PB (25m pool): 00:49.40 Kapelle-op-den-Bos 21/09/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:49.40	
	00:49.40		
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 10:20
Heat: 4/6 Lane : 3 Athlete: MUYLEAERT YAELE			Q-time: 00:43:76
PB (25m pool): 00:43.76 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		00:43.76	
	00:43.76		
			

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 10:20
Heat: 4/6 Lane : 5 Athlete: DE GEYTER ILANA			Q-time: 00:44:74
PB (25m pool): 00:42.90 Overijse 26/11/2022			PB (50m pool): 00:45.46 SB: no time
	2 5 M	5 0 M	
PB		00:42.90	
		00:42.90	
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 10:20
Heat: 5/6 Lane : 1 Athlete: VAN LIERDE LANA			Q-time: 00:43:39
PB (25m pool): 00:43.39 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:45.99 SB: no time
	2 5 M	5 0 M	
PB		00:43.39	
		00:43.39	
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 10:20
Heat: 5/6 Lane : 2 Athlete: DE BISSCHOP LISSE			Q-time: 00:42:25
PB (25m pool): 00:42.25 Hannuit 18/01/2025			PB (50m pool): 00:42.69 SB: no time
	2 5 M	5 0 M	
PB		00:42.25	
		00:42.25	
			

Coach feedback:

Event number: 6: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 10:20
Heat: 6/6 Lane : 1 Athlete: BOMBAERT MILLA			Q-time: 00:40:47
PB (25m pool): 00:40.47 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:41.03 SB: no time
	2 5 M	5 0 M	
PB		00:40.47	
		00:40.47	
			

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 100M FREESTYLE MEN 11+					Heat:1, starttime: 10:35
Heat: 1/14 Lane : 2 Athlete: VERMEIR CAENE					Q-time: 99:99:99
PB (25m pool): 01:31.03 Sint-Pieters-Leeuw 05/10/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.15		01:31.03	
	00:41.15		00:49.88		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:3, starttime: 10:40
Heat: 3/14 Lane : 5 Athlete: VAN HOUCKE XANDER					Q-time: 01:28:94
PB (25m pool): 01:28.94 Sint-Niklaas 11/01/2026 PB (50m pool): 01:30.96 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.84		01:28.94	
	00:40.84		00:48.10		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:4, starttime: 10:40
Heat: 4/14 Lane : 1 Athlete: TODERICA ANDREI					Q-time: 01:23:98
PB (25m pool): 01:23.98 Dilbeek 27/09/2026 PB (50m pool): no time SB: 01:23.98 Dilbeek 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:38.89		01:23.98	
	00:38.89		00:45.09		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:7, starttime: 10:45
Heat: 7/14 Lane : 2 Athlete: BLOMMAERTS MATHIS					Q-time: 01:09:14
PB (25m pool): 01:09.14 Dilbeek 27/09/2026 PB (50m pool): 01:11.74 SB: 01:09.14 Dilbeek 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.60		01:09.14	
	00:32.60		00:36.54		
					

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 100M FREESTYLE MEN 11+					Heat:8, starttime: 10:50
Heat: 8/14 Lane : 4 Athlete: BOMBAERT LOUIS					Q-time: 01:05:93
PB (25m pool): 01:05.93 Zwembad De Motte 14/07/2026 PB (50m pool): 01:11.43 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.31		01:05.93	
	00:31.31		00:34.62		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:9, starttime: 10:50
Heat: 9/14 Lane : 4 Athlete: VAN HOUCKE QUINTEN					Q-time: 01:04:80
PB (25m pool): 01:05.46 Liedekerke 11/11/2025 PB (50m pool): 01:04.80 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.65		01:05.46	
	00:31.65		00:33.81		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:11, starttime: 10:55
Heat: 11/14 Lane : 5 Athlete: TURF SANDER					Q-time: 01:01:98
PB (25m pool): 01:01.98 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:04.81 SB: 01:03.51 Dilbeek 27/09/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.66		01:01.98	
	00:29.66		00:32.32		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:12, starttime: 10:55
Heat: 12/14 Lane : 6 Athlete: DE PEYPER MATS					Q-time: 00:59:50
PB (25m pool): 00:58.98 Leuven 04/10/2026 PB (50m pool): 01:00.40 SB: 00:58.98 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.97		00:58.98	
	00:27.97		00:31.01		
					

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 100M FREESTYLE MEN 11+					Heat:13, starttime: 10:55
Heat: 13/14 Lane : 3 Athlete: VOLCKAERT THOMAS					Q-time: 00:57:14
PB (25m pool): 00:57.14 Zwembad De Treffer 06/04/2026 PB (50m pool): 00:58.31 SB: 00:57.46 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:27.58		00:57.14	
	00:27.58		00:29.56		
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:14, starttime: 11:00
Heat: 14/14 Lane : 3 Athlete: VERROKEN GERBEN					Q-time: 00:53:20
PB (25m pool): 00:53.20 Aarschot 27/07/2026 PB (50m pool): 00:53.63 SB: 00:53.22 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:53.20	
	no time				
					

Coach feedback:

Event number: 8: 100M FREESTYLE MEN 11+					Heat:14, starttime: 11:00
Heat: 14/14 Lane : 5 Athlete: VOLCKAERT MATTHIAS					Q-time: 00:54:38
PB (25m pool): 00:54.38 Zwembad De Treffer 06/04/2026 PB (50m pool): 00:56.42 SB: 00:54.43 Leuven 04/10/2026					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:26.10		00:54.38	
	00:26.10		00:28.28		
					

Coach feedback:

Event number: 9: 50M BUTTERFLY MIXED 10-9					Heat:1, starttime: 11:00
Heat: 1/1 Lane : 2 Athlete: LUBOWICKI ADA					Q-time: 00:47:91
PB (25m pool): 00:47.91 LEUVEN. 22/02/2026 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		00:47.91			
	00:47.91				
					

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 11:05
Heat: 4/10 Lane : 4 Athlete: VAN DER VEKEN LARA					Q-time: 01:13:37
PB (25m pool): 01:13.37 Tervuren 30/05/2026					PB (50m pool): 01:17.28 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.52		01:13.37	
	00:35.52		00:37.85		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:5, starttime: 11:10
Heat: 5/10 Lane : 3 Athlete: DE BISSCHOP LISSE					Q-time: 01:11:18
PB (25m pool): 01:11.18 Sinbad 12/01/2025					PB (50m pool): 01:15.30 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.08		01:11.18	
	00:34.08		00:37.10		
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 11:10
Heat: 6/10 Lane : 1 Athlete: VAN LIERDE LANA					Q-time: 01:10:63
PB (25m pool): 01:08.05 LEUVEN 14/05/2023					PB (50m pool): 01:10.50 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:08.05	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 11:10
Heat: 6/10 Lane : 2 Athlete: BIESEMANS JANA					Q-time: 01:10:32
PB (25m pool): 01:10.32 Temse 17/11/2025					PB (50m pool): 01:12.00 SB: 01:10.38 Dilbeek 27/09/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.05		01:10.32	
	00:33.05		00:37.27		
					

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:6, starttime: 11:10
Heat: 6/10 Lane : 4 Athlete: DE GEYTER ILANA					Q-time: 01:10:09
PB (25m pool): 01:10.00 Liedekerke 05/11/2023					PB (50m pool): 01:14.58 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:10.00	
	no time				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:7, starttime: 11:10
Heat: 7/10 Lane : 6 Athlete: MATTHIJS XANTHE					Q-time: 01:08:12
PB (25m pool): 01:08.12 Zwembad De Motte 14/07/2026					PB (50m pool): 01:11.85 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.44		01:08.12	
	00:32.44 00:35.68				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:9, starttime: 11:15
Heat: 9/10 Lane : 6 Athlete: DEROOST BEAU					Q-time: 01:04:92
PB (25m pool): 01:04.66 Leuven 04/10/2026					PB (50m pool): 01:06.48 SB: 01:04.66 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.89		01:04.66	
	00:31.89 00:32.77				
					

Coach feedback:

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 11:15
Heat: 10/10 Lane : 1 Athlete: LANDRIEU NORA					Q-time: 01:01:07
PB (25m pool): 01:00.69 Leuven 04/10/2026					PB (50m pool): 01:02.49 SB: 01:00.69 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:29.07		01:00.69	
	00:29.07 00:31.62				
					

Coach feedback:

ZC Zennevallei 26: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 10: 100M FREESTYLE WOMEN 11+					Heat:10, starttime: 11:15
Heat: 10/10 Lane : 2 Athlete: DE BACKER BIRGIT					Q-time: 00:58:89
PB (25m pool): 00:58.89 Aarschot 27/07/2026					PB (50m pool): 01:00.41 SB: 00:59.60 Leuven 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		00:58.89	
	no time				
					

Coach feedback: